

Amanda's one page profile



What people like and admire about me...

- My laugh, adventurous, energetic, perky
- I'm passionate, generous, helpful, gracious, kind
- Focused, resilient, patient

Amanda's Bio

I was born in Texas, and I spent the first eight years of my life living in different places. After 8, I was raised in Austin. I went to college in Olympia, where I was active in academics, athletics, and in student activities. I met my darling husband, and we fell in love and married. Seven months after our wedding, I was diagnosed with breast cancer. Sixty pounds, two rounds of chemo, one round of radiation, and two surgeries later, I came out on the other side. I have spent the last two years reclaiming my life from cancer. I am now back to my pre cancer fitness levels and very happy with where I am at!

What's Important to Me...

- Community - reliance and trust; knowing someone will be there when you fall. I will be there for them too. Loyalty. and trust.
- Close relationships - open NO MANIPULATION. If you manipulate me you get the "yuck" sticker.
- I have clear boundaries about my responsibilities - my health is my responsibility.
- I am an organizer, because I have to be.

How best to support me...

- Dan knows I'm not happy if I haven't laughed during the day. He can make me laugh-Godzilla works.
- Respect my body, its mine. I'll listen to you if you have ideas, but what happens with my body is my decision.
- Understand, that I can be angry, sad, frustrated, scared...I can't heal unless I go through these emotions. They are catalysts for empowering, growing, healing.
- I need my doctor to know my name and I need someone to follow my test results.
- I need the same group of nurses each time I come in for treatment - these are traumatic experiences - I need a relationship.
- Clear written instructions for anything you want me to do is essential or I will forget. I keep this filed in my filing cabinet.