

HOPES + FEARS

hopes



I want to be an advocate for cancer early detection

I want to stay positive and grateful for life!

I want to help other people through there cancer journey.

Working no more than 40 hours a week

Take a vacation somewhere warm - very soon!!!

fears



My back hurts and my leg hurts - I'm afraid I have bone cancer

Will my oncologist think I am crazy for telling her about every little ache and pain?

I don't ever want to have chemotherapy again!!

I will fall into stress at work again and not take care of my health

next steps

Call my oncologist and tell them about my pain - what is the worst that can happen?