



## *What other people appreciate about me*

Passionate, dedicated to what I believe in Completely open to new ideas and thinking – don't always agree – will listen

Devoted mother

Good listener

Energetic, driven, ideas grounded in reality

Full of ideas, creative

## *What is important to me*

Being a mom - Ben is our miracle baby!

- So lucky to have him in our lives!
- We strive to celebrate every day we are together as a family
- Guarding a healthy balance of home and work

Social justice - my work, my passion

Have the dream of the majority of my work being with breast cancer survivors especially for younger women and those without strong support networks, with inadequate health care, and few resources

Celebrating breast cancer as the gift that it has been for me

It has been an opportunity to:

- Learn about advocacy and what it means to fight for something that has personally impacted my life
- Become a "self taught" breast cancer specialist in order to stay up to date on latest treatments
- Support other women to see positive control in their lives (especially while they are dealing with cancer)
- Every year on 17 October I celebrate one more year as a survivor!

## *How best to support me*

I am passionate about many things and tend to say "yes" and make commitments to more than I could ever hope to accomplish. I need lots of support with keeping my home/work life in balance: I need to review my calendar/ commitments with Steve every week is very important.

I hate being in menopause and taking Tamoxifen. I often complain about the side effects that go with this – hot flashes, low metabolism, weight gain... I'm sticking it out and will complete my 5 years of this treatment soon. Remind me I'm doing this to stay cancer free!!

I often get frustrated with shopping for shirts and blouses. Low cut styles don't work for me since my surgery - seems that is all there is these days! Share any names designers or stores that have fashionable clothes that would work for me!